

Fall Family Festival

*** Mark your Calendar ***

Saturday, October 22, 2022

10:00 am to 1:00 pm

Lamprey River Elementary School

Some activities / events may be . . .

- Touch-A-Truck • Face Painting
- Scouts – Archery, BB Range, Gaga Pit, soccer darts
- STEM Dinosaur Van • Disc Golf Demo
- Nature Scavenger Hunt • Bike Tour
- “Mini” Mini Golf • Pet Event • Fish & Game Exhibit
- Candy Apple Slices • Pumpkin Painting
- Raffles • Refreshments • & MORE



ADULT/SENIOR TRIPS & EVENTS

Lunch, Games & Conway Music

NOVEMBER 5, 2022 • 11:30 – 2:00 PM

Join Raymond Rec for a luncheon with fun games, prizes and live entertainment by “Conway Music”. Our luncheon will be held at Iber Holmes Gove Middle School. You must sign up with Raymond Rec (895-7031). The fee is \$10. Please sign up by Thursday, November 3rd. You may call and bring cash or check payment to the luncheon.

December - Trip TBA

Raymond Rec is working on a trip for December (we are hoping the Indian Head Resort will be offering group tours this year). Check with us in October to see what we have planned.

Space is limited on all of our trips. Sign up on our website or at Raymond Rec! More info? Call 895-7031

Trick or Treat



October 31 • 5 to 7 pm

YOUTH CORNHOLE LEAGUE

Open to ages 10 - 18

Cornhole is simple right? Just a little backyard game. It's time to evolve your cornhole game from backyard fun to gritty competition! Cornhole is one of the fastest growing sports in America, and it's our turn to bring the passion to life in Raymond!!

Raymond High School junior and aspiring cornhole athlete Caleb Normandin will walk you through the sport and help refine your techniques. Caleb gained a passion for the sport after competing at adult tournaments but found that a youth friendly environment was needed to really grow the game.

The fee is only \$30 for the full 10 weeks. Non-residents pay an additional \$5. We will play every Sunday, October 2 through December 11 from 10 am to 1 pm. The League is limited so sign up early to guarantee a space. All equipment is provided.

Touch-A-Truck

TOUCH-A-TRUCK



Raymond Recreation is gearing up for the 16th Annual Touch-A-Truck scheduled for Saturday, October 22nd! We've combined into part of the Fall Family Festival from 10 am to 1 pm at the Lamprey River Elementary School.

We have a variety of trucks lined up for our family-friendly event! Our array of trucks & vehicles may include: fire, highway, police, ambulance, trash, construction, motorcycles and more!!! No need to register – just come on down and enjoy the fun! Donations are welcome! Please park in the front parking lot, trucks will be in the back.

Raymond Youth Basketball

Is now accepting registrations for

both boys and girls in

Kindergarten through Grade 8

Register online at our website



<https://raymondnh.recdesk.com/Community/Program>

34th ANNUAL HALLOWEEN PARTY



Raymond Recreation will host the 34th Annual Halloween Party on Saturday, October 29th from 3 to 5 pm at Raymond High School. Join us for a great family event with fun games & activities, and raffles for all. The event is free for everyone, donations are welcome. Get a raffle ticket for each costumed entry, tickets may also be purchased. Check out some of our new ideas this year! Instead of a parade to show off your costumes, we will take your Halloween photo and display it in a slideshow. Then you will vote for the spookiest, silliest, most original (new school), most traditional (old school) and best homemade costume. These categories will have a winner for ages 2-7 and 8 & older. We will also have one best family theme winner and a cutest "pumpkin" in the patch 0-2 years. We will have many games throughout the night. **WE NEED VOLUNTEERS** for set-up and the party!! (high school age and adults). Please contact Tammy @ 895-7030, if you can help.

Want to make a little extra spending money?

We are looking for instructors

Holiday Crafts / Projects	Karate / Tai Chi
PreSchool Tumbling	Youth Dance
Fitness Classes	Adult Crafts

We are always looking to add new programs. Please let us know if you have a skill or hobby you would like to teach. Contact Tammy @ 603 895-7030 or treardon@raymondnh.gov.

GENTLE YOGA

September 12 – October 17

This gentle yoga class is good for beginners to intermediates. Class will offer more advanced poses to suit your needs for that day. You will be encouraged to use your breath to move in and out of poses and at your own pace. We encourage you to let go of judgment, competition, focus on your breath and be in the present moment.

The instructor for this course is Monica L Cyr, a Raymond resident and a certified Yoga Teacher. Classes are Mondays and Wednesdays at 5:45 pm in the Gove Middle School. The fee for the 6-week session is \$35 per person. Register online or at Raymond Recreation.



CHEER CLINIC



Want to learn or improve your basic cheer skills? Join our Fall Cheer Clinic to teach you the basics or bring you back to basics to ensure your form and technique are correct. The clinic will incorporate conditioning, jumps, tumbling, basic stunting and flexibility.



The instructors for this course are Abby Nieves and Kelly Livingston. Abby loves cheering and has cheered herself for many years and coaches the Raymond middle school cheer team. Kelly has been the cheer coach at RHS for 14 years. Previously, she coached IGHMS and pop warner.

The Cheer Clinic is open to boys and girls in grades 6, 7 & 8. Please wear athletic clothing and sneakers or cheer shoes. The Clinic will be for 6-weeks on Thursdays evenings from 5:30 to 7:00 pm. Camp will be held from October 6 – November 10. The fee for the 6-week program is \$30 per child.

PRESCHOOL FUN!



Raymond Recreation is offering a Preschool Fun class! This five-week preschool program is open to children ages 3 to 5. Our fun class will include painting, constructive play, crafts, a story and making friends.

Each week there will be a fun new project that is great for listening skills and creativity! These one-hour classes will begin on Thursday, Oct 20th from 10:30 – 11:30 am. The fee is \$40 per child for the five-week session. Moms or dads are welcome. Class size is limited to 10.

Look for more info in October on . . .

Gunstock & McIntyre ski and snowboard programs
 Craft Classes
 Halloween Party
 "Chopped" Cooking Challenge
 Swim Lessons
 Disc Golf – Instructions & Tips
 Rec'n Crew Trip to Canobie Lake's Screeemfest
 Holiday Treat Making & MORE